













OCTOBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8 NO SCHOOL STAFF IN-SERVICE	9 A-Pig in a Blanket  B-Salami  , Cheese, Crackers & Nutrigrain Bar •Grape Tomatoes •Baked Beans •Fresh Pear	10 A- Pizza Hut Pepperoni Pizza B-Turkey BLT  •Grape Tomatoes •Romaine Salad •Cinnamon Applesauce	11 A-Creamed Turkey with a Dinner Roll B-Hummus, Flatbread & Fresh Vegetables •Grape Tomatoes •Mashed Potatoes •Strawberries	12 A-Grilled Cheese and Tomato Soup B-Southwest Chicken Salad with a Dinner Roll •Grape Tomatoes •Baby Carrots •Apple
15 A-Chicken Nuggets with a Breadstick B-Italian Hoagie  •Baby Carrots •Corn •Mandarin Oranges	16 A-Walking Taco  with a Lettuce and Cheese Cup B-Asian Chicken Salad with a Dinner Roll •Baby Carrots •Seasoned Black Beans •Banana	17 A-Chicken Waffle Sandwich B-Antipasto Pasta Salad  •Baby Carrots •Sweet Potato Tots •Peaches	18 NOON DISMISSAL SACK LUNCH	19 NO SCHOOL
22 A-Mini Corn Dogs B-Turkey & Cheese Hoagie •Grape Tomatoes •Baby Carrots •Applesauce	23 A-Meatball  Sub on a Hoagie B-Chef Salad  with a Soft Pretzel •Grape Tomatoes •Green Beans •Orange Wedges	24 A-Pizza Hut Cheese Pizza B-Chicken Salad Croissant •Grape Tomatoes •Romaine Salad •Pears	25 A-BBQ Pork  Sandwich B-Southwest Chicken Wrap •Grape Tomatoes •French Fries •Pineapple	26 A- Texas Style Chili  B-Sunshine Chicken Salad •Grape Tomatoes •Cinnamon Roll •Chili Beans •Apple
29 A-Colby Cheese Omelet with Donut Holes B-Cottage Cheese & Fruit with Donut Holes •Baby Carrots •Sweet Potato Waffle Fries •Blueberries	30 A- Roasted Chicken Legs with Garlic Bread B-Beef Taco Salad with  Garlic Bread •Baby Carrots •Broccoli •Mixed Fruit	31 A-Popcorn Chicken Bowl with Cheddar Cheese B-Tuna Salad on 9 Grain Bread •Baby Carrots •Corn •Juice •Mashed Potatoes •Candy Cookie	1 A-Cheeseburger  on a Bun B-Turkey Custer  Sandwich •Baby Carrots •Cowboy Beans •Fresh Pear	2 A- Beef Stroganoff  w/Noodles and a Breadstick B-Crispy Chicken Salad with a Breadstick •Baby Carrots •Mixed Vegetables •Mandarin Oranges

EXTRA ENTRÉE: \$1.15

EXTRA MILK: .30¢

NEWS AND NOTES

- 8 oz. nonfat flavored or 1% unflavored milk served daily.
-  Denotes PORK in main entrée.  Denotes BEEF in product.
- Students in Kindergarten-Grade 2 receive option **A**.
- Students in Grades 3-8 may choose their entrée, either option **A** or **B**.
- This Institution is an Equal Opportunity Provider and Employer

Important Notice: Please inform the front office ASAP if your child has any type of food allergy; parents should also provide a note for a physician indication food allergy and treatment plan.



WEEKLY BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none">•Whole Grain Cereal•Fruit Juice•Fruit•Milk	<ul style="list-style-type: none">•Whole Grain Mini French Toast•Fruit Juice•Fruit•Milk	<ul style="list-style-type: none">•Whole Grain Pancakes•Fruit Juice•Fruit•Milk	<ul style="list-style-type: none">•Yogurt Cup•Muffin•Fruit Juice•Fruit•Milk	<ul style="list-style-type: none">•Whole grain Mini Waffles•Fruit Juice•Fruit•Milk

