

Step #2: Progress in Reaching LSWP Goals Template

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
<p>USDA wellness policy goals outline that 3 goals must be included, 1) nutrition goal, 2) physical activity goal, and 3) other student wellness goal, additional goals are <u>optional</u></p>			
<p>1. Nutrition Education Goal(s)- record goal -OR- Nutrition Promotion Goal(s)- record goal</p>	<p>YES</p>	<p>We believe we have met our nutrition goals. SHS teams with Westside to provide healthy nutritious meals that meet guidelines and our family handbook highlights safe snack options. Also, our lunch program displays many school informational posters.</p>	<p>https://shsomaha.org/wp-content/uploads/2023/09/October.pdf</p> <p>https://shsomaha.org/wp-content/uploads/2024/08/2024-25-Family-Handbook.pdf</p> <p>Posters.pdf (shsomaha.org)</p>
<p>2. Physical Activity Goal(s)- record goal</p>	<p>YES</p>	<p>Grades K – 5 have at least 20 minutes of daily recess.</p>	<p>https://shsomaha.org/wp-content/uploads/2024/09/2022-23-Recess-Schedule.pdf</p>
<p>3. Other student wellness Goal(s) - record goal, this is often where goals to support SEL and Mental health or staff wellness could be included</p>	<p>Yes</p>	<p>Parents are encouraged to pack healthy lunches for a healthy diet through the school's newsletter.</p> <p>Create a treenut peanut-free campus.</p>	<p>https://shsomaha.org/wp-content/uploads/2024/09/Paw-Print-09-19-2023.pdf</p>
<p>Additional Goal(s) Add more rows as needed</p>			

[To return to the overview document, click this link](#), Questions, contact: jessie.coffey@nebraska.gov

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Adapted from the Let's Eat Healthy Program resources