



## 2022 – 2023 SACRED HEART SCHOOL UNIFORM AND DRESS CODE

The governing Board of Directors has established a uniform and dress code policy. It is the responsibility of the school professionals to enforce the policy. **Parents/guardians are expected to understand and reinforce the guidelines of the established dress code** and encourage proper grooming habits for their children. School uniforms give students a sense of identity that they are a part of the Catholic school community. It also gives import to their “job” which is to be a successful student. Each family will be provided a copy of the uniform dress code for each of the schools. Additionally, shirts should be tucked in at all times, and hats and coats/jackets are not to be worn inside the building. The Principal will determine final interpretation of the appropriateness of dress and appearance of students of the school.

The dress code at Sacred Heart School serves several purposes:

1. to promote a sense of community and pride within our school and individual students;
2. to provide a means for a child to associate dress with behavior and to dress for success;
3. to create an environment of uniformity and safety for all students; and
4. to reduce clothing expenditures.

To promote these established principles, Sacred Heart School students are expected to follow the guidelines identified below. **The school principal will determine final interpretation of the appropriateness of dress.** The following is meant as a set of general guidelines.

- All clothing should be clean, in good repair, and modest. On school Mass days and other days with special activities, students will be asked to be especially attentive to their appearance.
- No outerwear (i.e. scarves, coats, hats, boots, sweatpants) is permitted inside the school building during the school day.
- Student clothing and other personal belongings must be marked with the individual’s first and last name. Any materials found will be placed in Lost and Found.

### **Boys Uniform:**

#### Trousers

- Grades 4<sup>th</sup> – 8<sup>th</sup> students with belt loops **require a belt.** (Belts are strongly recommended for students in Grades Pre-K – 3<sup>rd</sup>. Pants cannot hang down off the waist. Dark navy blue slacks (no denim or corduroy).
- NO khaki/tan colored short or pants. Navy pants and shorts only.

#### Shirt and Sweaters

- Must be a **solid color**, with no additional trim colors.
- Shirts must be clean and tucked in at all times.
- **No hoodies** are allowed on any clothing (unless it’s a Sacred Heart approved uniform hoodie).
- White, plain polo with a collar and no logo
- White button down with collar, long or short sleeved
- White turtle neck
- Light blue OR navy blue, plain polo with a collar and no logo
- Light blue OR navy blue button down with collar, long or short sleeved
- Navy blue, or white button down cardigan/sweater or crew neck **sweater**
- Sacred Heart School logo sweatshirts

- \*A solid, plain white crew neck shirt may be worn under the uniform shirt, but ***must not exceed the length of the uniform shirt.***

#### Shorts

- Navy blue walking short length.
- May be worn April 15<sup>th</sup> through Oct. 1<sup>st</sup> (unless informed otherwise)

#### Socks

- ***Socks must be worn.***
- ***Socks must be solid blue, black or white plain socks with shorts.***

#### Shoes

- Tennis shoes, dress shoe- shoes must have closed heel and closed toe.
- No sandals, no black soles that leave marks
- No hee-lies may be worn to school.
- Tennis shoes must be brought to school on P.E. days.
- ***Boots may be worn to school but must be removed and replaced with appropriate shoes upon arrival.***

#### **Girls Uniform:**

##### Trousers

- Grades 4<sup>th</sup> – 8<sup>th</sup> students with belt loops ***require a belt.*** (Belts are strongly recommended for students in Grades Pre-K – 3<sup>rd</sup>).
- Pants cannot hang down off the waist Dark navy blue slacks or capris (no denim or corduroy)
- NO khaki/tan colored short or pants. Navy blue pants and shorts only.

##### Shirt and Sweater

- All must be a ***solid color***, with no additional trim colors, lace, or designs
- Shirts must be clean and tucked in at all times.
- Shirts must be long enough to tuck in at all times.
- ***No hoodies*** are allowed on any clothing (unless it's a Sacred Heart approved uniform hoodie).
- White, plain polo with a collar and no logo
- White button down with collar, long or short sleeved
- White turtle neck during the winter months
- Light blue OR navy blue, plain polo with a collar and no logo
- Light blue OR navy blue button down with collar, long or short sleeved
- Navy blue *or* white vest or button down cardigan/sweater or crew neck ***sweater***
- Sacred Heart School logo sweatshirts
- A solid, plain white crew neck shirt may be worn under the uniform shirt, but ***must not exceed the length of the uniform shirt.***

##### Shorts

- Navy blue walking short length (***just above the knee***)
- May be worn April 15<sup>th</sup> through Oct. 1<sup>st</sup> (unless informed otherwise)
- NO khaki/tan colored short or pants. Navy blue pants and shorts only.

##### Socks

- ***Socks must be worn.***
- ***Socks must be solid blue, black or white plain socks with skirts, skorts, shorts, or capris.***
- Knee-highs must be navy blue, white, or black and be ***worn below the knee.***
- Tights must be navy blue, white, or black.

- Leggings are *not* acceptable.

#### Shoes

- Tennis shoes, dress shoes
- Shoes must have closed heel and closed toe.
- No sandals, no black soles that leave marks
- No hee-lies may be worn to school.
- Tennis shoes must be brought to school on P.E. days.
- ***Boots may be worn to school but must be removed and replaced with appropriate shoes upon arrival.***

#### Jumpers/Skirts

- Solid navy only (no plaid, no stripes or trim of another color)
- Length must be ***just above the knee.***

#### Skorts

- Solid navy may be worn all year
- Length must be ***just above the knee.***

#### **Hair, Nails, Makeup, Jewelry, Fragrances:**

##### Hair

- Hair for all students should be natural color, clean, well-groomed, away from the face, and not distract from learning.
- Boys' hair should be above the collar and above the eyebrows. No facial hair or sideburns below the ear lobe.
- For boys and girls, bleached, colored, lettering, symbols, carving or hair combed to one side to disguise actual length is not permitted.
- A hairstyle traditional to a boy's or girl's culture may be deemed appropriate by the Principal.

##### Nails

- Nail polish may be worn by girls in all grades but no words or inappropriate symbols.
- Nails ***must stay trimmed and at a reasonable length if artificial nails are worn.***

##### Cosmetics

- Make up/Nail Polish are not allowed for any student.
- Lip protection such as Chapstick is allowed as long as it is clear.
- Perfume/body splash or hairspray may not be applied at school.
- Tattoos and/or any body piercing are not allowed for any students.

##### Jewelry

- One pair of post earrings may be worn.
- Religious medals (tucked inside the shirt are permitted. No hoops or dangly earrings are permitted.
- Boys are discouraged on wearing earrings.
- Other necklaces, bracelets, or rings are not permitted.

#### **Civvies Day Dress Code:**

The Sacred Heart School dress code for Civvies Day requires that all students wear shoes with soles, shirts or blouses extending beyond the belt level, appropriately buttoned shirts, skirts and dresses at finger tip length, pants and shorts that are hemmed and without fraying. Jeans should not have rips, holes, tears, or frayed hems. Leggings may be worn by girls with a top, skirt, or dress that is at least finger tip length. On

out of uniform days (dress down days, free dress days, spirit days, etc.) any item of clothing that displays advertisements or slogans, which by their controversial or obscene nature disrupt the educational setting is prohibited. Modesty, respect for self, cleanliness and appropriateness will be indicators if the clothing is appropriate for uniform and non-uniform school days. The administration reserves the right to make the final judgment on any questions concerning appropriateness for apparel

Sweatpants and jogging (athletic warm-up) suits will be allowed if the following criteria is met:

- cannot be tight or form fitting
- cannot hang loosely around the waist (i.e. sagging, no visible boxers or shorts underneath)
- no writing on the rear of pants below the waist line
- anything determined inappropriate by administration will be asked to change into a school uniform provided by the parent or school.
- no drop crotch pants

All sleeveless shirts must have straps at least three inches wide and cover the shoulder.

Sacred Heart School prohibits wearing see-through tops, bare midriff, strapless, low-cut clothing, clothing with slits, or tops and outfits that provide minimum coverage, the wearing of head gear, except for authorized activities, clothes with slogans or advertising controversial or obscene in nature that disrupts the educational setting, and clothing with spikes or studs. ***Clothing with pictures of weapons, scenes of violence, skulls and cross-bones, inappropriate words/logos will not be allowed. Clothing with words written below the rear waistline will not be allowed.*** Coats, mittens, hats and scarves must be removed upon entering the classroom.

***The school administration will have the right to designate which types of dress, fashion, fads, or appearance disrupt or distract from the educational program and may be a potential safety hazard.*** The principal shall retain the authority to grant exception for special occasions and/or conditions.