











# AUGUST 2022 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
15 <div style="border: 2px solid black; padding: 10px; text-align: center; width: fit-content; margin: 0 auto;">WELCOME BACK SHS FAMILIES!</div>	16	17 WG Pancakes with a Sausage Patty  Sweet Potato Tots Blueberries Baby Carrots	18 Roasted Chicken Drumstick WG Bread Romaine Salad & Croutons Baby Carrots Cantaloupe	19 Walking Taco with a Lettuce & Cheese Cup  Golden Corn Baby Carrots Pineapple Tidbits
22 Breaded Mozzarella Cheese Sticks with Pizza Sauce Seasoned Green Beans Grape Tomatoes Chilled Peaches	23 Popcorn Chicken with a WG Biscuit Steamed Carrots Chilled Pears Grape Tomatoes	24 Pepperoni Pizza Hut Pizza WG Bread Romaine Salad with Croutons Cinnamon Applesauce Grape Tomatoes	25 BBQ Pulled Pork on a WG Bun  Cowboy Beans Grape Tomatoes Watermelon	26 Chicken Fried Steak  with Gravy Assorted WG Bread Mashed Potatoes with Grape Tomatoes Strawberries WG Cookie
29 Crispy Chicken Sandwich on a WG Bun Sweet Potato Wedges Baby Carrots Mixed Fruit	30 Herb Chicken with Bow Tie Pasta & a WG Ciabatta Roll Broccoli Baby Carrots Banana	31 Cheeseburger  on a WG Bun Jazz'd French Fries Baby Carrots Chilled Peaches	1 Pepperoni Pizza   Calzone Iceberg Salad Baby Carrots Cantaloupe	2 Beef  & Cheese Nachos Chili Beans Baby Carrots Crisp Apple

- 8 oz. nonfat flavored or 1% unflavored milk served daily.
- "WG" indicates a whole grain product
-  Denotes PORK in main entrée.
-  Denotes BEEF in product.
- Extra milk is 0.50¢
- This Institution is an Equal Opportunity Provider and Employer
- 8 oz. nonfat flavored or 1% unflavored milk served daily.
- Extra entrée is \$1.50.

**Important Notice:** Please inform the front office immediately if your child has any type of food allergy, parents should also provide a note from a physician indicating the food allergy and emergency action plan.

## WEEKLY BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
TBD Applesauce Cup 100 % Grape Juice Milk	WG Mini Waffles Fresh or Canned Fruit Apple Juice 100% Milk	WG Mini Cinnis Fresh or Canned Fruit Punch Juice 100% Milk	Mini Bagels WG Fresh or Canned Fruit Tangerine Juice Milk	Blueberry Muffin WG <i>or</i> Mini French Toast WG Fresh or Canned Fruit and/or Apple Juice Milk